LETTER OF REFERENCE

To the Applicant:

Please ask two experienced psychoanalysts who know your work to complete these letters of reference. These may be colleagues, supervisors, or consultants and may be from any IPA or APsaA institute. However, each individual submitting a letter of reference on your behalf must have five years of postgraduate psychoanalytic experience, be certified in psychoanalysis or be eligible for board certification. You may meet with one or both colleagues to discuss your work and the letters of reference.

To the Applicant’s Colleague, Supervisor or Consultant:

A colleague has requested that you provide a letter of reference in support of his or her application for Board Certification in Psychoanalysis. Letters of reference include a short questionnaire of 27 items as well as space for additional comments about the applicant and his or her work. When you have completed the letter of reference, please send or email the completed form to the CIPS Board of Examiners Administrator at the following:

Connie Stroboulis
Administrator, CIPS Board of Examiners
Address: 11 Bunker Hill Drive, Manalapan, NJ 07726
Email address: Connies3@aol.com

Thank you for your participation.
LETTER OF REFERENCE

Name of Applicant for Board Certification: _________________________________
Name of Analyst submitting this letter: _________________________________
Institute Affiliations of the Analyst submitting this letter: ___________________

PART ONE: APPLICANT’S PROFESSIONAL CHARACTER

1. The applicant describes his or her analytic work clearly and openly, including uncertainties, technical problems, and personal challenges arising in his or her work with patients.

   _YES    _NO    _DON’T KNOW

   ADDITIONAL COMMENTS:______________________________________________

2. The applicant reflects productively on challenges arising in the course of clinical work in order to learn from his or her ongoing clinical experience.

   _YES    _NO    _DON’T KNOW

   ADDITIONAL COMMENTS:______________________________________________

3. The applicant is aware of his or her own personal as well as clinical limitations in working with certain types of patients or situations.

   _YES    _NO    _DON’T KNOW

   ADDITIONAL COMMENTS:______________________________________________
4. The applicant actively engages in continuing efforts, through study and other forms of continuing education, to grow as an analyst.

_YES  _NO    _DON’T KNOW
ADDITIONAL COMMENTS:______________________________________________

5. Is aware of own sensitivities and potential blind spots, and the effects of one’s own style and personality on the patient

_YES  _NO    _DON’T KNOW
ADDITIONAL COMMENTS:______________________________________________

PART TWO: ASSESSMENT OF PSYCHOPATHOLOGY AND ANALYZABILITY

6. Has broad diagnostic knowledge and applies it in treatment.

_YES  _NO    _DON’T KNOW
ADDITIONAL COMMENTS:______________________________________________

7. Demonstrates the ability to assess and understand the phenomena of the patient’s psychopathology and make a clinical diagnosis.

_YES  _NO    _DON’T KNOW
ADDITIONAL COMMENTS:______________________________________________

8. Understands the effects of and interplay among various intrapsychic factors such as internalized cultural norms, object relations, development, conflict, and deficit, as determinants of the patient’s problems and psychopathology.

_YES  _NO    _DON’T KNOW
ADDITIONAL COMMENTS:______________________________________________

9. Studies and considers the analyst’s strengths and weaknesses, cultural influences, interpersonal influences, and environmental stressors and supports as part of the assessment process.

_YES  _NO    _DON’T KNOW
ADDITIONAL COMMENTS:______________________________________________
10. Demonstrates the ability to make a psychodynamic formulation, consistent with espoused theoretical orientation.

:YES  _NO   _DON'T KNOW

ADDITIONAL COMMENTS:________________________________________________________

11. Demonstrates the ability to assess the patient’s suitability for psychoanalysis.

:YES  _NO   _DON'T KNOW

ADDITIONAL COMMENTS:________________________________________________________

12. Exercises mature, integrated judgment during the initial assessment when reflecting on the history, pathology, interview process, and the pros and cons of analysis for any given patient with this analyst.

:YES  _NO   _DON'T KNOW

ADDITIONAL COMMENTS:________________________________________________________

PART THREE: CONDUCT OF TREATMENT

13. Collaborates with the prospective analys and in determining treatment goals and plan for treatment.

:YES  _NO   _DON'T KNOW

ADDITIONAL COMMENTS:________________________________________________________

14. Thinks and works analytically to establish, cultivate, and maintain the treatment frame and the analysand’s capacity to work within it.

:YES  _NO   _DON'T KNOW

ADDITIONAL COMMENTS:________________________________________________________

15. Maintains a mature, ethical, and appropriate analytic attitude throughout the treatment.

:YES  _NO   _DON'T KNOW

ADDITIONAL COMMENTS:________________________________________________________
16. Maintains a steady capacity for analytic listening, including empathy, openness, respect, and attunement to latent content throughout the treatment.

_YES_ _NO_ _DON’T KNOW
ADDITIONAL COMMENTS:______________________________________________

17. Demonstrates and promotes an ongoing spirit of inquiry, curiosity, openness, and a nonjudgmental attitude.

_YES_ _NO_ _DON’T KNOW
ADDITIONAL COMMENTS:______________________________________________

18. Thinks flexibly and imaginatively (can change perspective, tolerate uncertainty, complexity and contradiction, and be open to surprise).

_YES_ _NO_ _DON’T KNOW
ADDITIONAL COMMENTS:______________________________________________

19. Integrates theory with experience near clinical processes, working both at surface and depth.

_YES_ _NO_ _DON’T KNOW
ADDITIONAL COMMENTS:______________________________________________

20. Demonstrates clarity, succinctness and sensitivity to the tone and timing of interventions.

_YES_ _NO_ _DON’T KNOW
ADDITIONAL COMMENTS:______________________________________________

21. Demonstrates a mature understanding and use of transference phenomena and effective use of interpretation within the transference.

_YES_ _NO_ _DON’T KNOW
ADDITIONAL COMMENTS:______________________________________________

22. Demonstrates steady competence in working analytically with intense and persistent Transferences

_YES_ _NO_ _DON’T KNOW
ADDITIONAL COMMENTS:______________________________________________
23. Demonstrates a mature understanding of countertransference phenomena, including the analyst’s personal and unconscious reactions to the patient and the use of countertransference as a means of understanding the patient’s mental life.

_YES  _NO  _DON’T KNOW
ADDITIONAL COMMENTS:______________________________________________

24. Works effectively with defenses, resistances and transferences that obstruct treatment progress, including when these become entrenched.

_YES  _NO  _DON’T KNOW
ADDITIONAL COMMENTS:______________________________________________

25. Demonstrates a reliable capacity to work analytically with challenging developments occurring in the course of treatment, including enactments, acting out, negative transference, ruptures in the treatment relationship, impasse, and negative therapeutic reaction.

_YES  _NO  _DON’T KNOW
ADDITIONAL COMMENTS:______________________________________________

26. Demonstrates a reliable capacity to assess and address, within the treatment or with ancillary measures, psychological emergencies occurring in the course of treatment such as suicidality, homicidality, and psychotic regressions.

_YES  _NO  _DON’T KNOW
ADDITIONAL COMMENTS:______________________________________________

27. Demonstrates awareness and attention to social and cultural issues affecting the patient and the treatment, including gender, race, ethnicity, and sexual orientation.

_YES  _NO  _DON’T KNOW
ADDITIONAL COMMENTS:______________________________________________