



## BOARD CERTIFICATION IN PSYCHOANALYSIS

### 1. Definition of terms used in this application

- a. The term “psychoanalytic treatment” refers to psychoanalytically informed psychotherapy as well as formal psychoanalysis.
- b. The term “formal psychoanalysis” refers to practice conducted in person between the analysand and analyst at a frequency of three to five sessions per week, for the primary purposes of expanding self-knowledge, supporting emotional growth, and ameliorating maladaptive patterns of thought, feeling and behavior.
- c. The term “psychoanalytically informed psychotherapy” refers to psychotherapeutic practice, informed by psychoanalytic theory, conducted at a frequency of one or more sessions per week, for the purpose of ameliorating patterns of thought, feeling and behavior through insight and other interventions intended to support and promote adaptive functioning.



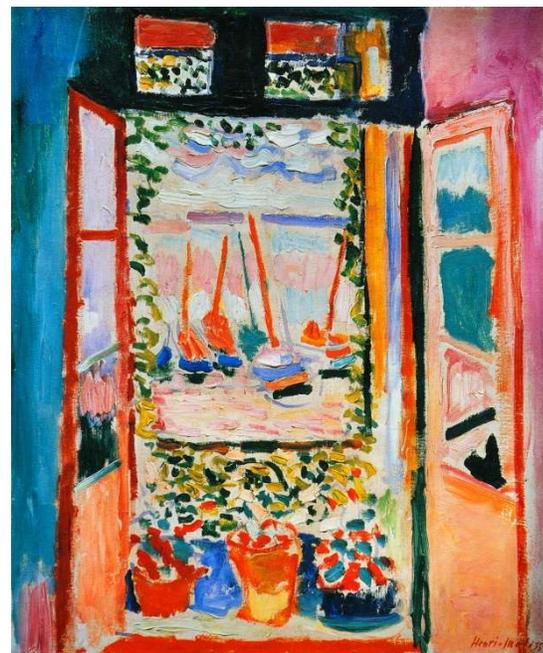
### 2. Requirements for Board Certification

- a. Membership in the IPA for a minimum of five years.
- b. Clinical experience requirements AFTER graduation from psychoanalytic training:
  - A minimum of seven years of experience as a graduate psychoanalyst.
  - A minimum of 5,000 hours of clinical practice experience in the conduct of psychoanalysis and psychoanalytically informed treatment.
  - Treatment of a minimum of four patients in formal analysis after graduation, in accordance with the following requirements:
    - at least two of the four cases were initiated after graduation.
    - two cases of the four cases were seen for a minimum of one year after graduation.
    - two cases of the four cases were seen for a minimum of two years after graduation.
    - each case was seen for a minimum of 100 hours per year.
    - at least one case was carried until termination.



### 3. Continuing Education Requirements

- a. Within the past five years, 50 hours of continuing psychoanalytic education, which may be fulfilled by any combination of the following activities:
  - Postgraduate seminars or courses (one hour for every clock hour in seminar or course).
  - Private supervision or consultation (one hour for every clock hour in supervision or consultation).
  - Teaching a course in a psychoanalytic institute (one hour for every clock hour in class).
  - Publication of books or articles (ten hours for every article, ten hours for every chapter in a published book).



### 4. Successful evaluation of practice

- a. Two successful evaluations by colleagues, supervisors, or consultants who are certified in psychoanalysis by the CIPS BoE; ABECSSW, ABPP, or the APsaA BoPS, or who are eligible for such certification.

### 5. Ethical conduct

- a. Conduct in conformity with the ethical codes of all professional psychoanalytic societies of which the applicant is a member; and,
- b. Conduct in conformity with the ethical codes of all other professional associations of which the applicant is a member and,
- c. Conduct in conformity with the ethical codes of applicant's state licensing board.

### 6. Recertification every five years after initial certification - requirements include the following:

- a. At least 50 hours of continuing psychoanalytic education, which may be fulfilled by any combination of the following activities:
  - Postgraduate seminars or courses (one hour for every clock hour in seminar or course).
  - Private supervision or consultation (one hour for every clock hour in supervision or consultation).
  - Teaching a course in a psychoanalytic institute (one hour for every clock hour in class).
  - Publication of books or articles (ten hours for every article, ten hours for every chapter in a published book).

- b. A minimum of 4,000 hours of experience in the conduct of psychoanalytically informed treatment or psychoanalytically oriented supervision and consultation.
- c. Two successful evaluations by peers familiar with your work (e.g., current or former supervisor; co-instructor in an IPA institute didactic course, clinical seminar or study group; committee chair or co-chair on a committee you have served on) download the *Reference Letter Application Sample* for additional details

If you are not a member of a CIPS Society, you must be a direct member to apply for Board certification. Direct member applications are accepted separately. Please contact us.

Direct member dues are \$50 per year.