



LETTER OF REFERENCE

Name of Applicant for Board Certification: _____

Name of Analyst submitting this letter: _____

Institute Affiliations of the Analyst submitting this letter: _____

PART ONE: APPLICANT'S PROFESSIONAL CHARACTER

1. The applicant describes his or her analytic work clearly and openly, including uncertainties, technical problems, and personal challenges arising in his or her work with patients.

_YES _NO _DON'T KNOW

ADDITIONAL COMMENTS: _____

2. The applicant reflects productively on challenges arising in the course of clinical work in order to learn from his or her ongoing clinical experience.

_YES _NO _DON'T KNOW

ADDITIONAL COMMENTS: _____

3. The applicant is aware of his or her own personal as well as clinical limitations in working with certain types of patients or situations.

_YES _NO _DON'T KNOW

ADDITIONAL COMMENTS: _____

4. The applicant actively engages in continuing efforts, through study and other forms of continuing education, to grow as an analyst.

_YES _NO _DON'T KNOW

ADDITIONAL COMMENTS: _____

5. Is aware of own sensitivities and potential blind spots, and the effects of one's own style and personality on the patient

_YES _NO _DON'T KNOW

ADDITIONAL COMMENTS: _____

PART TWO: ASSESSMENT OF PSYCHOPATHOLOGY AND ANALYZABILITY

6. Has broad diagnostic knowledge and applies it in treatment.

_YES _NO _DON'T KNOW

ADDITIONAL COMMENTS: _____

7. Demonstrates the ability to assess and understand the phenomena of the patient's psychopathology and make a clinical diagnosis.

_YES _NO _DON'T KNOW

ADDITIONAL COMMENTS: _____

8. Understands the effects of and interplay among various intrapsychic factors such as internalized cultural norms, object relations, development, conflict, and deficit, as determinants of the patient's problems and psychopathology.

_YES _NO _DON'T KNOW

ADDITIONAL COMMENTS: _____

9. Studies and considers the analyst's strengths and weaknesses, cultural influences, interpersonal influences, and environmental stressors and supports as part of the assessment process.

_YES _NO _DON'T KNOW

ADDITIONAL COMMENTS: _____

10. Demonstrates the ability to make a psychodynamic formulation, consistent with espoused theoretical orientation.

_YES _NO _DON'T KNOW

ADDITIONAL COMMENTS: _____

11. Demonstrates the ability to assess the patient's suitability for psychoanalysis.

_YES _NO _DON'T KNOW

ADDITIONAL COMMENTS: _____

12. Exercises mature, integrated judgment during the initial assessment when reflecting on the history, pathology, interview process, and the pros and cons of analysis for any given patient with this analyst.

_YES _NO _DON'T KNOW

ADDITIONAL COMMENTS: _____

PART THREE: CONDUCT OF TREATMENT

13. Collaborates with the prospective analyst and in determining treatment goals and plan for treatment.

_YES _NO _DON'T KNOW

ADDITIONAL COMMENTS: _____

14. Thinks and works analytically to establish, cultivate, and maintain the treatment frame and the analyst's capacity to work within it.

_YES _NO _DON'T KNOW

ADDITIONAL COMMENTS: _____

15. Maintains a mature, ethical, and appropriate analytic attitude throughout the treatment.

_YES _NO _DON'T KNOW

ADDITIONAL COMMENTS: _____

16. Maintains a steady capacity for analytic listening, including empathy, openness, respect, and attunement to latent content throughout the treatment.

_YES _NO _DON'T KNOW

ADDITIONAL COMMENTS: _____

17. Demonstrates and promotes an ongoing spirit of inquiry, curiosity, openness, and a nonjudgmental attitude.

_YES _NO _DON'T KNOW

ADDITIONAL COMMENTS: _____

18. Thinks flexibly and imaginatively (can change perspective, tolerate uncertainty, complexity and contradiction, and be open to surprise).

_YES _NO _DON'T KNOW

ADDITIONAL COMMENTS: _____

19. Integrates theory with experience near clinical processes, working both at surface and depth.

_YES _NO _DON'T KNOW

ADDITIONAL COMMENTS: _____

20. Demonstrates clarity, succinctness and sensitivity to the tone and timing of interventions.

_YES _NO _DON'T KNOW

ADDITIONAL COMMENTS: _____

21. Demonstrates a mature understanding and use of transference phenomena and effective use of interpretation within the transference.

_YES _NO _DON'T KNOW

ADDITIONAL COMMENTS: _____

22. Demonstrates steady competence in working analytically with intense and persistent Transferences.

_YES _NO _DON'T KNOW

ADDITIONAL COMMENTS: _____

23. Demonstrates a mature understanding of countertransference phenomena, including the analyst's personal and unconscious reactions to the patient and the use of countertransference as a means of understanding the patient's mental life.

_YES _NO _DON'T KNOW

ADDITIONAL COMMENTS: _____

24. Works effectively with defenses, resistances and transferences that obstruct treatment progress, including when these become entrenched.

_YES _NO _DON'T KNOW

ADDITIONAL COMMENTS: _____

25. Demonstrates a reliable capacity to work analytically with challenging developments occurring in the course of treatment, including enactments, acting out, negative transference, ruptures in the treatment relationship, impasse, and negative therapeutic reaction.

_YES _NO _DON'T KNOW

ADDITIONAL COMMENTS: _____

26. Demonstrates a reliable capacity to assess and address, within the treatment or with ancillary measures, psychological emergencies occurring in the course of treatment such as suicidality, homicidality, and psychotic regressions.

_YES _NO _DON'T KNOW

ADDITIONAL COMMENTS: _____

27. Demonstrates awareness and attention to social and cultural issues affecting the patient and the treatment, including gender, race, ethnicity, and sexual orientation.

_YES _NO _DON'T KNOW

ADDITIONAL COMMENTS: _____