

CIPS-NAP_{saC}
CLINICAL CONFERENCE

CRASHING THE CONSULTING ROOM

Global Disruption
as
Psychic Aggression

MAY 3-4, 2019

NEW YORK CITY

FEATURING

Louis Brunet

Sergio Nick

Cordelia

Schmidt-Hellerau

We are living in truly extraordinary times.

National and global turmoil reverberates through our daily lives and ruptures the psychic experience of our country's citizens, our patients, and ourselves. Anger, depression, deep anxieties, resistance, confusion, panic, fatigue, and resignation have surfaced in multiplying and not always obvious layers for all of us in this atmosphere.

Psychoanalysts across the country, indeed around the world, are encountering escalations of patients' anxieties and fantasies about social, political, and global events that fall between the material and the unconscious, psychic phenomena that our training did not necessarily address. A reconceptualization of transference and countertransference may be needed to encompass this highly complicated moment in time both theoretically and technically.

How do we reconcile our roles as citizens dialoguing with fellow citizens with our role as analysts treating patients? Do the complex, often abrupt vicissitudes present in our current external world require a widening of the lens of traditional psychoanalytic treatment to adequately help our patients and ourselves as clinicians?

CIPS-NAPsaC CONFERENCES

The CIPS-NAPsaC Conferences have a traditional emphasis on the clinical. In that spirit, we invite all participants to share vignettes that highlight the aforementioned phenomena. In a collegial atmosphere that has been the hallmark of these conferences, we will in small groups work to conceptualize the experience and challenges of containing and holding the psychic aggression born of this volatile period in our history.

Acts of violence and oppression, aggressive discourse in our politics, social media, our social lives with friends, loved ones, colleagues, and patients force us to consider the implications these disruptions have on our daily work in the consulting room.

The CIPS Board is delighted to announce our Biennial Clinical Conference co-sponsored with NAPsaC, our North American Regional Association. The conference opens on Friday afternoon with a distinguished panel presenting papers on the topic of “Global Disruption as Psychic Aggression.” The panel will be moderated by **Maureen Murphy, PhD**, featuring IPA Vice President **Sergio Nick, MD**, **Louis Brunet, PhD**, and **Cordelia Schmidt-Hellerau, PhD**.

Our exploration of this year’s theme will further resonate in Friday’s unique venue, The Explorers Club. Since its inception in 1904, the Club has served as a meeting point and unifying force for explorers and scientists worldwide. In the spirit of exploration we invite our fellow travelers to join us for a festive party to cap off that evening.

The Clinical Conference on Saturday will be hosted by IPTAR and take place at the IPTAR Clinical Center. The clinical portion of the Conference is unique in that participants will meet in small groups with colleagues from throughout the North American Region, where each member presents material associated with this year’s theme. At the final Plenary Session, moderated by **Steven Ellman**, facilitators will summarize their groups’ experience and attendees will have an opportunity to share their impressions of the weekend.

OVERALL PHILOSOPHY

The special dynamic of our group format affords each member an opportunity to participate equally. Each participant has an opportunity to present a vignette of a case and some process. Although we provide a theoretical topic and ask that the vignette be related to the topic, the emphasis of the conference is to create a safe environment to talk about clinical process, transference and countertransference.

THE GROUP EXPERIENCE

Each group has a facilitator—the facilitators are from a variety of institutes. There are 6 or 7 people in each group with participants across a spectrum of institutes. Participants are encouraged to bring in material from an ongoing case. Each participant will have 45 minutes to present with time for discussion.

The richness of the experience is enhanced by each individual’s varied background, orientation, training and influences.

CONFIDENTIALITY

IPA confidentiality guidelines will be respected throughout the weekend.

Friday, May 3

THE EXPLORERS CLUB

46 East 70th Street, NYC

- 4:00–5:00 Registration
- 5:00–7:30 Panel Discussion with Q & A
WELCOME: Randi E. Wirth
MODERATOR: Maureen Murphy
PANELISTS: Sergio Nick, Louis Brunet,
and Cordelia Schmidt-Hellerau
- 7:30–9:30 Explorer's Cocktail Reception and Buffet

Saturday, May 4

IPTAR: THE INSTITUTE FOR PSYCHOANALYTIC TRAINING AND RESEARCH

1651 Third Avenue, Suite 205, NYC

- 8:00–8:45 Breakfast
WELCOME: Michael Moskowitz, IPTAR President
- 9:00–12:00 Morning Clinical Group Session
- 12:00–1:00 Lunch
- 1:15–3:45 Afternoon Clinical Group Session
- 4:00–5:15 Plenary Closing Session
MODERATOR: Steven Ellman

Educational Objectives

Upon completion of this conference, participants should be able to:

- Define global disruption as psychic aggression.
- Demonstrate clinical understanding of the impact of current national and global turmoil on the transference and countertransference experiences.
- Describe the ongoing importance of psychoanalytic concepts related to containment and holding and the demands it requires of the therapist/analyst especially in times of worldwide turmoil.
- Assess how patients' psychic realities and traumas are re-activated by tumultuous external events.
- Discuss analytic case material from diverse theoretical perspectives within a shared transitional space.
- Propose a widening of traditional psychoanalytic concepts and treatment when traumatic reality breaks into the frame.

This course is approved for 9 CE credits. 2 CE credits offered for Friday's panel discussion and 7 CE credits offered for the Clinical Conference on Saturday. Participants outside of New York State should consult their individual state CE guidelines to ascertain the possibility of acceptance of IPTAR approved credits.

TARGET AUDIENCE "This program meets the needs of all analytically-trained mental health professionals, including psychiatrists, psychologists, social workers, marriage and family therapists, and psychiatric nurses."

CE CREDIT DISCLAIMER

Social Workers: The Institute for Psychoanalytic Training and Research (IPTAR) is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers (#SW-0226).

Licensed Psychoanalysts: The Institute for Psychoanalytic Training and Research (IPTAR) is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts (#P-0011).

Licensed Creative Arts Therapists: The Institute for Psychoanalytic Training and Research (IPTAR) is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed creative arts therapists (#CAT-0037).

Licensed Mental Health Counselors: The Institute for Psychoanalytic Training and Research (IPTAR) is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. (#MHC-0112)

Sponsoring Organizations

CIPS

CIPS is the acronym for the Confederation of Independent Psychoanalytic Societies. Since its formation, CIPS has been promoting the interest of the independent North American IPA societies and their members. CIPS member societies are: the Institute for Psychoanalytic Training and Research, the Los Angeles Institute and Society for Psychoanalytic Studies, the Northwestern Psychoanalytic Society and Institute, the Psychoanalytic Center of California, the Contemporary Freudian Society, and the Psychoanalytic Institute of Northern California. Through its Direct Member category, any IPA analyst may join CIPS, and participate in their popular teleconference Study Groups and biennial Clinical Conference.

IPTAR

The Institute for Psychoanalytic Training and Research (**IPTAR**) is jointly sponsoring this conference in order to offer CME/CE credit for participants.

NAPsaC

NAPsaC is the acronym for the North American Psychoanalytic Confederation, an association of North American IPA Groups. It is a regional group whose principal function is to interface with other regional groups and the IPA, and to provide a forum for reports and discussions between IPA representatives and their North American constituents.

The component societies of NAPsaC are:

the American Psychoanalytic Association, the Canadian Psychoanalytic Society, the Contemporary Freudian Society, the Institute for Psychoanalytic Training and Research,

the Los Angeles Institute and Society for Psychoanalysis, the Northwestern Psychoanalytic Society and Institute, the Psychoanalytic Institute of Northern California, the Psychoanalytic Center of California, the Vermont Study Group, the Japanese Psychoanalytic Society, the Korean Study Group, and the Taiwan Study Group.