Dear CIPS Members,

Bringing you this issue of our News Briefs is a special pleasure, since, through our “Reflections” section, it paints a lively picture of our Biennial CIPS/NAPsaC Clinical Conference which was held last May. I am always inspired and intrigued when I read about the many individual accomplishments of our members, but it is powerful in a different way to hear about our colleagues coming together for deep conversation on crucial issues. Special thanks to Maureen Murphy, Johanna Boyce, William Fried, Carolyn Steinberg, Mary Wall and Peter Wolson for sharing their thoughts, feelings, and observations about the conference with such eloquence and to Lisa Halotek for providing photos.

As always, I am indebted to our CIPS reporters: Joe Davis (LAISPS), Susan Mitchell (PCC), Dave Parnes (NPSI), Drew Tillotson (PINC), Mary Wall (CFS), and Leslie Wells (IPTAR). These are very busy and committed people asking equally busy and committed colleagues to supply much-detailed information. I appreciate the graciousness of all reporters and all contributors in finding time to keep us updated. My gratitude also to Robin Deutsch, NAPsaC president, who is diligent in nurturing the connection between CIPS and NAPsaC.

Finally, it has been a joy to work with our new president, Batya Monder. Batya is a lovely individual who steers our CIPS ship with quite a competent and creative hand. I know you will join with me in thanking her for giving so many hours and already doing an excellent job.

Please enjoy this issue and whatever holidays you celebrate!

Warmest regards,

Carol Mason-Straughan
Managing Editor
Letter from the President

I assumed the presidency of CIPS at the end of June 2019, and now well into the fall, I am beginning to settle into my new role. I have had the good fortune to share a steep learning curve with Lisa Halotek, the vice president of CIPS. Both of us have been guided on our new path with gentleness and encouragement from Terry McBride, the past president, and welcomed and aided by other members in leadership roles in CIPS. I am aware how much I have learned since I assumed office and how much I am still trying to digest.

My first official role as president of CIPS was to welcome members to a CIPS reception in London at the IPA Congress in July. We had a wonderful turnout, and despite no air conditioning on the hottest day in London’s history and a problem with the catering services, CIPS members came and stayed and enjoyed being with one another.

We will be hosting another reception Thursday, February 13, 2020, in New York at the time of the APsaA meetings. If you plan to attend the meetings or are in the New York area, please make note of the date. The reception will be combined with a book signing for the latest book in the CIPS Book Series, Trauma and the Destructive-Transformative Struggle: Clinical Perspectives, edited by Terrence McBride and Maureen Murphy, and will be held at the Penn Club, 30 West 44th Street, from 5:30 to 7 pm. Look for an invitation in your email.

CIPS has been a wonderful professional community for many of us, enlarging our collegial worlds each time we come together at a biennial CIPS Clinical conference or in a CIPS teleconference or at a CIPS reception. But some members of our component societies are not aware of CIPS as also their organization. Similarly, many candidates are not aware that they too belong to CIPS which connects them to colleagues both across the US and abroad. It is my hope that Lisa and I can impart more of that understanding to the membership during our term of office, building on the work of Terry McBride who communicated, in writing, every opportunity he could about the complex web of organizations that CIPS is affiliated with.

They include of course our connection with the IPA, ensuring that our members have a voice in the International Psychoanalytical Association. Less understood but also of significance is CIPS connection with four important national organizations: the Psychoanalytic Consortium, which works actively to maintain higher standards of psychoanalytic training in the US; the Psychotherapy Action Network (PsiAn), which promotes psychoanalytic psychotherapy; the Patient Privacy Rights Coalition and the Mental Health Liaison Group (MHLG), which together address matters of confidentiality, public policies and legislation in regard to psychoanalysis.
CIPS now has a new co-chair of the Public Policy Committee--Andrew Berry, who joins Maurine Kelly in monitoring the work of these organizations and reporting them to the president so that CIPS can sign on to various legislative initiatives when they pertain to our mission.

We also have a new chair of the Teleconference Committee, Elizabeth (Beth) Reese, who has brought energy and enthusiasm to the position, and wonderful new ideas. Our teleconferences will henceforth be videoconferences, and new this year will be 2-session classes by authors of recently published books. Beth has lined up some wonderful courses for us, and those announcements will be going out on-line shortly.

New work has begun on the CIPS website. The webmaster, Bob Lettiere and our liaison to him, Diana Daimwood, and I sat down in my office to review what needed to be updated, removed, etc. Member rosters are the first area that will be addressed. Information has been sent to the Directors of each society to update membership lists and to see if members are willing to participate in a members-only roster, a useful resource for making referrals.

Certification is also a subject that we are again addressing this year. Accreditation for training and supervising psychoanalysts and for faculty will soon be required in California. Other states will follow in due time, and you can be ahead of the curve and apply for the BCpsa (Board Certified Psychoanalyst) certification that CIPS provides. Many CIPS members have already done so. Sometime in the spring we will be announcing a new certification period. Details about that will be forthcoming.

The CIPS board meets monthly, and many initiatives are underway. I will be reporting on our work in the next News Briefs and will be updating the President’s Letter on the CIPS website in between issues of News Briefs. And soon we will begin thinking about and planning for our next Biennial Clinical Conference in spring 2021.

I invite members and candidates of CIPS to learn more about CIPS and to participate in your CIPS community.

Warm regards to all,

Batya R. Monder
President
Letter from the Vice President

Dear Colleagues,

It is an honor to serve as your Vice President for the next two years, and I’m eager to get to know more of you in the coming years ahead. I’ve been involved with CIPS over the years as Editor of the News Briefs and as a director representing LAISPS. I’ve had the good fortune to attend several of the CIPS conferences and events and to meet members from around the country.

What I’ve discovered is that many of us are often confused about the role that CIPS plays and how it benefits us. I’d like to highlight for you some of our current activities, services and programs that are available to all of us as individual members and how CIPS works to make a difference in our profession and in our professional lives:

• The promotion of the interests and initiatives of our component societies and our members in relation to the IPA, NAPsaC, The Psychoanalytic Consortium and the psychoanalytic world beyond.
• Combined influence on strengthening NAPsaC to represent our societies as members of the North American Regional Organization, comparable to the EPF and FEPAL in Europe and Latin America.
• Representation on the Psychoanalytic Consortium, along with other major psychoanalytic organizations in the United States, along with APsaA, Division 39, AAPCSW and AAPDP.
• In support of our profession and our practices, efforts to strengthen psychoanalysis in regard to public policy and legislative issues such as private practice, privacy laws, certification and licensing, etc., and to affiliate with organizations such as the Mental Health Liaison Group (MHLG), the Coalition for Patient Privacy rights, and the Psychoanalytic Action Network (PsiAn).
• The biennial CIPS/NAPsaC Clinical Conference, alternating between the East coast and the West Coast, which features a panel presentation on topics of current interest by prominent psychoanalysts, followed by small group meetings in which participants present clinical case material for discussion and feedback.
• Board Certification in Psychoanalysis, an inevitable requirement as our Institutes move toward accreditation, with the designation BCPsa and a Board of Examiners Certificate in Psychoanalysis. Our next enrollment will be coming up in the early spring of 2020.
• The CIPS Book Series, The Boundaries of Psychoanalysis, which offers the opportunity to author or edit a book published by Routledge.
• Short-term and ongoing Teleconference Seminars on elective topics, either as a participant or an instructor, with accompanying professional exposure.
• For Candidates, full membership in CIPS and paid dues for membership in the IPA International Psychoanalytic Student Organization (IPSO), with eligibility for reduced IPA Congress fees and reduced lodging fees, as well as discounts for access to PEP.
• Find an Analyst listing on the CIPS website for referrals.
• Access to discounts at Club Quarters Hotels around the world.
• The opportunity to meet and interact with other psychoanalytic colleagues from different parts of the U.S. and internationally.

CIPS was founded in the early 1990’s to represent the independent societies in the United States that had just been admitted to full membership in the IPA. It was a groundbreaking development in the shifting structure of the IPA toward greater democratic participation.

Since then, CIPS has flourished in its mission to support the professional, intellectual and clinical development of its members, to promote high standards of training and licensure for psychoanalysis as a profession, and to protect patient privacy rights and other public policy interests through programs of public information and political advocacy. CIPS is comprised of all six of the independent IPA psychoanalytic societies in the U.S.

They are the Contemporary Freudian Society (CFS), the Institute for Psychoanalytic Training and Research (IPTAR), the Los Angeles Institute and Society for Psychoanalytic Studies (LAISPS), The Northwestern Psychoanalytic Society and Institute (NPSI), the Psychoanalytic Center of California (PCC), and the Psychoanalytic Institute of Northern California (PINC).

A seventh group, the Direct Member Society, is for IPA analysts who are not members of CIPS component societies, but who wish to be members of CIPS. Each of the component societies of CIPS has 2 representatives on the CIPS Board of Directors.

All CIPS members are members of the IPA and are represented on the IPA Board of Directors. At least one, and up to two, independent representatives from the North American region are guaranteed to represent us on the IPA Board.

If you are interested in participating in any of the activities listed above, please contact President Batya Monder or myself or one of your society representatives to the CIPS Board. Check out the CIPS website, www.cipsusa.org for more information.

I hope that this letter gives you a deeper understanding of the CIPS mission and that my letter might encourage you to get involved in CIPS in whatever capacity interests You.

With warmest regards,

Lisa Halotek
Vice President
We are living in truly extraordinary times. National and global turmoil reverberates through our daily lives and ruptures the psychic experience of our country’s citizens, our patients, and ourselves. Political, social, and economic upheaval bombards us through unlimited access to all forms of media. Rapidly shifting technologies deliver news of tragedies, absurd political decisions, natural tragedies, severe and volatile climate events, and outrageous acts of violence against citizens of every race, gender, religion, sexuality and social class. Anger, depression, deep anxieties, resistance, confusion, panic, fatigue and resignation have come to the fore in multiplying and not always obvious layers for all of us in this atmosphere. Hatred and terrorism of all sorts strike at the most basic element of the human psyche—safety.

In this atmosphere of interpersonal violence, as Sergio Nick says: “Psychoanalysts, as much as our patients, are crossed by the cultural environment in which we live.” Increasingly analysts are confronted with escalations of patients’ anxieties and fantasies about social, political, and global events that fall between the material and the unconscious. More than ever, we find ourselves struggling to balance our roles as concerned citizens dialoging with fellow citizens with our role as analysts treating patients.

In planning this conference, we hoped to deploy the solidly clinical emphasis of the CIPS/NAPsaC conferences to help address the necessity of a reconceptualization of transference and countertransference to encompass this moment in time theoretically and technically. How do we address the underlying terror of our own destructiveness to both self and others? How do we understand and analyze circumstances in which repeated external threats reignite internal terror without resorting to formulaic responses?

THE PANEL

The conference began on Friday evening at the Explorer’s Club with an international panel of three distinguished clinicians who have spent a great deal of their careers mapping the trajectory of aggression—theoretically and clinically. Their presentations offered us possible ways of translating concepts familiar to us even when global aggression crashes into the consulting room.

Cordelia Schmidt-Hellerau, training and supervising analyst at the Swiss Psychoanalytic Society and at the Boston Psychoanalytic Society, opened the panel. She brought her expertise in metapsychology, particularly drive theory, and its clinical application to contemporary versions of aggression. She is the author of three books and over 40 articles,
most recently *Driven to Survive*.

Dr. Schmidt-Hellerau set the tone for the conference with the following: “Now – in times of sprouting terror and politically administered assaults on the basic values of democratic societies – it is important for psychoanalysts to rethink their understanding of aggression. How do violence and hatred come about? How can they be stirred and manipulated? How does the shameless display and public sanction of killing and bullying affect the individual mind?”

The second presenter was Louis Brunet, past President of the Canadian Psychoanalytic Society and of the Psychoanalytic Society of Montreal. His work on terrorism dates back to 1989 and since then he has published numerous papers on individual violence, group violence, terrorism and radicalization from a psychoanalytic perspective. In his paper entitled, “Destructivity and Narcissistic Identity Suffering,” Dr. Brunet proposes:

“As analysts, we face many forms and expressions of destructivity either of a person against himself or against others: of destructivity in the transference, of destructivity toward us or toward the process. In narcissistic identity suffering we find the destruction of the object, internal and external object. Thus, we need to have not only a meta-theory of destructivity, but we need a clinical theory of destructivity, a theory we can use clinically in the session, in the transference.”

The panel concluded with a presentation by Sergio Nick, Vice President of the IPA and a child, adolescent and adult psychoanalyst at the Brazilian Psychoanalytic Association in Rio de Janeiro. In his role as IPA Vice President and as an analyst working in a country rife with the oppression of human rights, Sergio is in a unique position to comment on the impact of global aggression. Dr. Nick began his paper commenting on the political effect on the psyche:

“The twenty-first century watches parading before us leaders that would not have stood a chance of being heard before, given the number of insanities that they say. Thus, there is a new wave going on in the world that still lacks studies and a better understanding. In this paper, I intend to discuss how the changes in the political discourse can affect the human psyche, based on some ideas that I psychoanalysts to rethink their understanding of aggression. How do violence and hatred come about? How can they be stirred and manipulated? How does the shameless display and have been developing around Intersubjectivity and the psychic processes.”

**THE AWARDS CEREMONY**

Following the panel was an important part of the conference - the Awards Ceremony. The vitality of our two organizations is sustained through the contribution of generous members who are tireless in their commitment to psychoanalysis.

This year Leigh Tobias was the recipient of the Distinguished Service Award for her dedicated and creative leadership.
Randi Wirth was honored for her enduring commitment to the excellence of these Clinical Conferences.
Sergio Nick was honored for his commitment to and support of CIPS/NAPsaC. In addition, Phyllis Sloate acknowledged and thanked the Certification Board of Examiners: Charles J. Spezzano, Chair (PINC), Jeannette C. Gadt, Co-Chair (PCC), Michael J. Diamond (LAISPS), Danielle Knafo (IPTAR), Robert Oelsner (NPSI) and Joann K. Turo (CFS).

THE CLINICAL GROUPS

On Saturday, conference moved to IPTAR where participants worked in facilitated small groups - the long-time trademark of this conference. Participants brought material from an ongoing case on the topic of the conference theme. Each participant had 45 minutes to present with time for discussion. The richness of the experience was enhanced by everyone’s varied background, orientation, training and influences.

Reflections from Johanna Boyce (Direct Member)

I am one of five analysts in close quarters in room #17 at IPTAR’s clinical center. Spread out in IPTAR’s various offices are other similar small groups. We have come together in these intimate spaces to explore the loosely held conference topic and how it might relate to our practice. With mutual regard and carefully considered confidentiality, we each offer a brief patient vignette and as we learn of our patient’s conflicts and share our thoughts, we also come to know one another as analysts/persons in a way that feels genuine, appreciative and encouraging.

I think of the day’s space configuration, each group in its own small discussion room within the larger clinical space and it seems to parallel the structure of CIPS: small independent societies operating on their own, yet also existing within a network of affiliation, united via location in the US, but connected in history, interests and spirit to the IPA.

I also think of the space in which we met on Friday night: The Explorer’s Club, in which three thoughtful and inspiring papers were presented. The Explorer’s Club is an elegant and storied place hosting a manifest testimony to herculean expeditions; adventures to the depths and heights of the earth and beyond, all undertaken with great fortitude, skill, invention and bravery.

These exploratory adventures seemed in keeping with the analytic endeavor which dares to explore and plumb the mind’s depth and attempts to voyage into the hidden and difficult to access regions of the unconscious.

The analogy led me to consider the dangers of exploration, especially if it is in the service of conquest. What would the equivalency be in analysis of planting flags in discovered territory- the narcissistic needs of the analyst intruding into the work and demanding a claim?

These were some of the thoughts that occurred to me: thoughts about the spaces we inhabit, both internally and externally, and how they intersect, influence, and crash into each
other; and thoughts about the spaces we share with others and the continuing question of how to voyage together, whether with patients, family or colleagues, in ways that offer support, greater clarity and the opening of further longed-for territories. This conference offered one such fulfilling journey.

**Reflections from William Fried (IPTAR)**

The opening plenary and welcoming reception were held at the Explorer’s Club on New York City’s Upper East Side on the evening of May 3rd. The small group meetings and wrap-up were conducted the following day at the IPTAR Center on 3rd Avenue in Manhattan.

The panel on Friday evening consisted of three papers on the conference theme of “Global Disruption as Psychic Aggression,” presented by Cordelia Schmidt-Hellerau, Louis Brunet, and Sergio Nick. It was moderated by Maureen Murphy.

Each speaker focused on clinical experiences illustrating the ways in which current social and political tensions infiltrate the consciousness and associative processes of her patients, contributing to unusual degrees and types of dysphoria.

Owing to the length and complexity of the papers, on the one hand, and on the other, to the prospect of a good collation across the hall, the audience response was somewhat abbreviated. Some of the time that remained was used to present awards to CIPS members who have contributed leadership, effort, and creativity to the organization. During the meal, far flung colleagues took great pleasure in renewing their contacts with each other.

On Saturday, the participants were assigned to several small groups, each of which had an assigned facilitator whose role was to initiate and encourage discussion of the principal themes. In contrast to earlier iterations of the conference, this one did not include sessions on Sunday, an omission that some people regretted.

Insofar as was possible during a short valedictory meeting of the participants, the facilitators gave brief summaries of their groups’ discussions, and attempted to evaluate the extent to which they were successful in exploring and probing the issues in question. A relatively high degree of satisfaction was conveyed regarding the realization of the conference goals. Further, the participants agreed that the experience had been both beneficial and pleasurable.

**Reflections from Carolyn Steinberg (NPSI)**

As a recent FIPA, I am exploring means of continuing to grow as an analyst. One option is to attend conferences. A friend and mentor from my training Institute, NPSI, suggested I attend the recent CIPS Conference in NYC.

As I walked into the conference venue, The Explorer’s Club in Manhattan, on a Friday afternoon, my pang of anxiety of only knowing 2 people who were attending quickly lifted.
Before I even had a chance to sit down, several analysts introduced themselves to me and we discovered a common thread of mutual friends despite the distance of geography. The richness of 4 brief papers on aggression by the invited speakers from variant theoretical perspectives stimulated a lively, enriching collegial discussion. Afterwards participants and speakers mingled in a relaxed atmosphere offering an opportunity to further deepen discussions and socialize over dinner. The fascinating surroundings of The Explorer’s Club, full of memorabilia of explorers past and present, only heightened the excitement of the evening.

At the Saturday group discussions attendees were divided up for the day into small groups with one or two facilitators. This brought together analysts and candidates from across the continent to discuss their clinical material or vignettes relevant to the current topic of aggression. In the comfort of these small groups, we shared our experiences. It was a welcome relief to hear of our collective stress hearing of political situations as they leaked into the clinical space in various ways and understand that we could hold these for each other.

Remarkably I left the conference with two priceless gifts. One was a deep appreciation of the value of shared experiences in holding my anxiety of the world political situation and the hopefulness that the sharing generated. The other was a sense of community with CIPS members of which I can now count several as new friends.

Reflections from Mary Wall (CFS)

Why I like the CIPS Conferences

I enjoy meeting colleagues from other institutes and from other locations in the country and in Canada. In addition, the CIPS experience of the small group with whom one is assigned throughout the day of the conference provided an opportunity to have honest exchange in an atmosphere of trust. Everyone brings a clinical vignette that is relevant to the theme of the conference. This year, the theme was “Crashing the Consulting Room.” The tone set in the group was supportive, noncritical and I felt challenged by the vignettes presented. There was a natural flow and just enough structure to make sure we accomplished what we set out to do. Along with thinking together about clinical material we discussed the contemporary political climate and how it impacts/intrudes on our professional and personal lives. This aspect of the discussion was very significant for me as we all ventured out of our comfort zone and shared our darkest fears and how we try to make sense for ourselves of the instability and unpredictability that surround us daily. We realized there were no magic answers. However, I felt much better for being part of this environment - even if for a day in the life of an analyst.

Reflections from Peter Wolson (LAIPS)

As a cofounder of CIPS, I am extremely impressed with how the biennial clinical conference has evolved. In a safe, confidential setting, the recent conference in New York City provided
a unique professional opportunity for analysts to share their clinical work and hobnob with other analysts from across the nation and the world.

Its topic: political violence crashing into the analytic consulting room, was fortunately up my alley, having just published a book, titled: Psychoanalysis Enters The Political Fray. On the first evening, the participants met at the ultra-elite Explorer's Club, an elegant dark-wooded, venue, a perfect setting to explore the terra incognito of the human mind, and especially for the conference topic of violence, since the club housed stuffed jungle animals responsible for killing large numbers of people.

The brief lectures by Sergio Nick, Cordelia Schmidt-Hellerau and Louis Brunet, who said that Americans were lucky to have Trump to discharge the nation’s aggression, were quite stimulating and the buffet that followed was delectable. On Saturday, in the comfortable offices of IPTAR, we met in small groups and discussed clinical matters. My group, which I had the pleasure of facilitating, was wonderful. We covered such timely topics as political hatred, racism, anti-Semitism, misogyny, xenophobia, etc., and the members freely shared their clinical experiences and countertransference reactions with camaraderie and compassion. From the group’s feedback, we all felt enriched and moved by this experience. CIPS biennial clinical meetings are certainly precious and not to be missed.

Sergio Nick, Cordelia Schmidt -Hellerau,
Louis Brunet and Maureen Murphy

Randi Wirth, Terrence J. McBride
and Andrea S. Kahn
ALL CIPS MEMBERS INVITED TO PARTICIPATE

Room: A Sketchbook for Analytic Action is an on-line magazine that was conceived in the wake of the 2016 U.S. election as an agent of community building and transformation. Positioned on the interface between the public and private spheres, Room sheds light on the effect political reality has on our inner world and the effect psychic reality has on our politics. Responding to an unsettling and turbulent political reality, this unique forum is devoted to maintaining connections to ourselves and to our community through writing, art, and activism – disciplines that share with psychoanalysis a capacity to uncover the ‘hard to reach’ corners of our humanity. Over the last two years Room’s on-line platform has built a robust network of psychoanalytic institutes and organizations.

Visit Room’s website: http://www.analytic-room.com

We welcome all members of CIPS to submit essays (up to 1500 words), poetry, art, short stories, memoir, and community actions or events for our anniversary issue, Room 2.20. Deadline for submissions is January 3, 2020. http://www.analytic-room.com-submit

MEMBER ORGANIZATION REPORTS

Special thanks to Joe Davis, Susan Mitchell, Dave Parnes, Drew Tillotson, Mary Wall, and Leslie Wells for their excellent work in providing reports from our institutes. They keep us informed and up-to-date on all the interesting work our colleagues are doing year round, and their crucial role in this publication is greatly appreciated!

Contemporary Freudian Society (CFS)

Mary Wall Reporting

Appointments:

CJ Churchill to CFS Institute Director. Effective, August, 2019. Emily Schlesinger to CFS Board as a member-at-large. Effective October, 2019.

Jack Novick is currently President of the Association for Child Psychoanalysis. (Offers Psychoanalytic Study of the Child at cost, and provides grants to subsidize low-fee child, adolescent & emerging adult analyses.)

Kerry Kelly Novick has been named Chair of a Joint Committee of the Association for Child Psychoanalysis and the Department of Education of the American Psychoanalytic
Association for Child Analytic Visiting Scholar Program. (Offers speakers from the program at no charge to visit interested societies and training centers.)

Conferences and Discussion Groups:

**Phillida Rosnick** organized a clinical case conference on weekend of October 25th. Caroline Polmear, a Training and Supervising Analyst in the British Psychoanalytical Society and Institute, discussed analytic material reflecting a patient’s enactment and how that material is understood through the lens of the analyst’s countertransference. Polmear has written extensively. Most recently she wrote, “Enactment as Unconscious Communication,” (2019) Psychoanalytic Inquiry, Volume 39, Issue 3-4.

**Jane Hall’s** discussion group, “Deepening the Treatment” at the APsaA winter meetings will focus on treatment of the sexual abuser and the abused. Josh Wolf-Powers, a CFS candidate will present case material. Peter Dunn will be the discussant.

**Kerry Kelly Novick** and **Jack Novick** will again co-chair the Discussion Group on Working with Parents at the Annual APsaA meetings in New York.

Presentations:

**Ani Buk** presented, “From the Mind and the Heart to the Hand: Refining the Continuum of Interventions Using Art-making Materials with Trauma Survivors.” A day-long conference, “Transforming Trauma: Healing-Centered Creative Arts Therapies in Healthcare” at NYU Langone on November 2, 2019.

**Debra Gill** presented at Metropolitan Institute for Training in Psychoanalytic Psychotherapy (MITPP) on October 25th on “Developing Transitional Phenomena in an Adult Patient.”

**Kerry Kelly Novick** and **Jack Novick** presented in Milan, Italy to 300 psychoanalytic and psychotherapy students in a day-long conference on “Two Systems of Self-Regulation” and its application to technique with children, adolescents, and adults.

Publications:

**Kerry Kelly Novick** and **Jack Novick**

“Freedom to Choose: Two Systems of Self-Regulation” has been reviewed in the Journal of the American Psychoanalytic Association. The book has recently been translated into German, Spanish and Italian, and is a best-seller at IPBooks.

With co-editors Denia and Tom Barrett, an upcoming publication from IPBooks — a “Parent Work Casebook,” with contributions from 40 child analysts around the world.

**John Rosegrant**


Brooklyn Update:

Our offices are filled and our presence continues to expand. Brooklyn Task Force which meets monthly is composed of Susan Roane as Chair and task force members are Gloria Demby, Neha Chawla & Josh Wolf-Powers. Brooklyn Psychoanalytic Seminar Series is chaired by Gloria Demby.

Jules Owen and Ann Rudovsky opened the year with a seminar on September 27, 2019, called “The Impasse,” which was taught by Anne Rudovsky, who interrupted her recovery from an accident to present. In addition, it featured Jules Owen, an advanced candidate, who presented detailed process that provided a rich example of a clinical gridlock. The seminar was sold out and inaugurated a series of stimulating programs developed by Gloria Demby and Susan Roane.

Upcoming seminars are planned on LaPlanche, with Rogelio Sosnik, and on Racism with Alan Nathan. We welcome interest in teaching a one-off seminar, or even a series.

On Sunday, November 17, 2019, the first Brooklyn salon of the year was launched - “Psychoanalytic Thinking on Trauma Utilizing Clinical Process” with Marion Oliner. One of the CFS Training Institutes earliest graduates, Dr. Oliner went on to become an esteemed, internationally recognized psychoanalyst and scholar. This topic has been a key focus of her work over many decades. Gloria Demby hosted this event in her Brooklyn home. It was a thought-provoking and lively discussion.

The Cultural Awareness reading group continued on Wednesday, November 7th in the Brooklyn home of Betsy Spanbock. Dionne Powell’s article published in JAPA (Dec 18th), “Race, African Americans, and Psychoanalysis: Collective Silence in the Analytic Situation” was the focus of the group’s discussion.

Recent Appointments:

Marie Murphy to Institute Director
Janet Shaye to NAPsaC as representative along with Paula Ellman

Conferences & Programs

Jerome Blackman

Completing his Distinguished Professorship at Shanxi Medical University in Taiyuan, China. in March 2020, after 2 years of visiting Taiyuan on “Analytic Theories in Clinical Practice.”

Continues Directorship of Teachers for Lingyu International Psychology Center I Toronto and Beijing.
Lectured at Jiao Tong Medical School on “Personality Disorders” and at Tongji University’s psychology department on “Dynamically Oriented Short-Term Psychotherapy.”

Lectured in Nanjing at Yang Juan Psychological Center on “Basic Psychoanalytic Concepts of Psychopathology.”

First Jerome S Blackman MD Lectureship in Psychoanalysis, Sponsored by Eastern Virginia Medical School and the Virginia Psychoanalytic Society took place on Oct 25, 2019. Dr. Aileen Kim, President of the American Society of Psychoanalytic Physicians (Wash DC), and also President of the Virginia Psychoanalytic Society spoke on “Inhibition of Pleasure Due to Transgenerational Trauma.”

Harmon Biddle
Program on trauma applying understanding of PTSD from military-related trauma to comprehension of trauma reactions, in general. OCTOBER 17 & 18, 2020 in Bethesda.

Publications:

Jerome S Blackman
“Dynamic Supervision as Seen from the Viewpoint of Development Stages” In: Shanghai Mental Health Journal.


Michael Krass

Alan Nathan
“Confronting White Supremacy - In Ourselves.” In: Medium.com
https://medium.com

For CFS/DC Updates:
https://contemporaryfreudiansociety.org/professional-education/washington-dc/washington-calendar/
and on our Facebook page: https://www.facebook.com/events/2437665823175239/
Institute for Psychoanalytic Training and Research (IPTAR)
Leslie Wells Reporting

Susan Berger


Rachel Boué-Widawsky


Martha Bragin

Publications

Presentations
Reintegrating children, young people and families demobilized from today’s conflicts. Consultation with Academics, Practitioners and Donors. Office of the Special Representative of the Secretary General for Children and Armed Conflict and the United Nations Children’s Fund. New York City, July, 2019

Joe Cancelmo


Chris Christian

*Publications*


*Presentations*


*Other*

Visiting Professor, *Department of Human and Social Sciences, University of Bergamo*, July, 2019.

Michael Garfinkle

Geoff Goodman

Publications


Presentations


Oliva, A., Perlman, T., Savchuk, M., DeLeo, S., Strano, A., & Goodman, G. (2019, August). Contributions of therapist personality on psychodynamic session adherence and interpretation in the play therapy of a girl with BPD. Paper presented at the meeting of the
American Psychological Association, Chicago.


Claudia Heilbrunn


Janice S. Lieberman


Panel Member: “A Fantastic Woman”. Friday Night Papers: IPTAR, December 2019
Masha Mimran

Publications

Presentations

Ann Pellegrini

Publications


Presentations

Jill Salberg

Publications


**Michele Piccolo**


**Richard Reichbart**


**Marilyn Rifkin**

Rifkin, M. “Trauma and Embodied Memory” in *Trauma and The Destructive-Transformative Dilemma: Clinical Perspectives* (Routledge 2020), Eds. Terrence McBride and Maureen Murphy.

**Jared Russell**


**Tuba Tokgoz**

Leslie Wells


RECENT EVENTS at IPTAR:


“On the Verge: Madness in the Psychoanalytic Encounter: A two-part program exploring Psychosis and Primitive Guilt through the use of Episode 6 of the “The Singing Detective” and a presentation of “Who is Killing Whom: Some Notes on the Internal Phenomenology of Suicide”. with David Bell (Presenter) and Donald Moss (Discussant). November 2019.


“On the Verge: Madness in the Psychoanalytic Encounter: Familial Patterns of Suicide” with Jane Tillman (presenter) and James Ogilvie (discussant). October 2019.


“On Being ‘Cool’” with Sidney Phillips (presenter), Yukari Yanagino (discussant), and Brian Kloppenberg (moderator). September 2019.


Los Angeles Institute and Society for Psychoanalytic Studies (LAISPS)

Joe Davis Reporting

Northwestern Psychoanalytic Society and Institute (NPSI)

Dave Parnes Reporting

We appreciate the ongoing hard work and creativity by our colleagues at LAISPS and look forward to hearing the details of their endeavors during our spring/summer issue.

The CIPS book, Trauma and the Destructive-Transformative Struggle: Clinical Perspectives, co-edited by Terry McBride and Maureen Murphy and published by Routledge, includes chapters by Maxine Anderson, MD FIPA, Judy Eekhoff, PhD FIPA, and Maxine Nelson, LICSW FIPA. The book evolved out of the 2014 CIPS Clinical Conference, “Trauma, Destruction and Transformative Potential,” which was held in New York City during the opening of the 9/11 Memorial Museum. Covering a wide range of topics related to trauma, the book also presents varied theoretical viewpoints from which the writers think and practice.

This academic year, NPSI’s Scientific Meetings consider the theme of intuition. At the October meeting, Jeffrey Eaton, MA FIPA presented an overview of the concept of intuition drawing on Freud, Bion, and Grotstein and sketched a model to contextualize the concept of intuition within a practical clinical context, emphasizing the therapist’s experience of intuition as an aspect of evolved listening. Continuing the theme of intuition, other presenters for the
year include Maxine Anderson, MD FIPA, Judy K Eekhoff, PhD FIPA, Caron Harrang, LICSW FIPA, and Robert Oelsner, MD FIPA.

Barb Sewell, MaMFC MDIV MIPA will be a presenter in a five-week course on the teaching of psychoanalysis and psychoanalytic psychotherapy. Presented by the Northwest Alliance for Psychoanalytic Study and the Seattle Psychoanalytic Society & Institute, the course is titled, "The Unconscious Goes Back to School." The course runs from January 9th through March 5th, 2020.

Last May, Robert Oelsner, MD FIPA presented in German his paper, "Does the Body have a Mind?" to the German Psychoanalytic Annual Congress in Frankfurt where he also conducted a clinical seminar for candidates of the various German Psychoanalytic Institutes.

In September he was invited to the Buenos Aires Psychoanalytic Association where he taught a cycle of clinical seminars for senior analysts and presented a new paper entitled "Melanie Klein and the Cat of Bion - Ethical Dimensions in Kleinian Technique".

On November 19th, Maxine Anderson, MD FIPA presented "Protecting Our Humanity in the Midst of Tribal Warfare: Thoughts for Our Time", at the Seattle Psychoanalytic Society and Institute. This talk drew upon ideas put forth in her most recent book, From Tribal Division to Welcoming Inclusion. About the presentation, Maxine states: “In these turbulent times, it is easy to surrender our quiet spacious thought for the excitement and often-delicious outrage emanating from polarized, tribal convictions. Significantly, the allure of such reversion involves descent from our humane toward our inhumane level of experience. This talk will explore the dynamics of this descent and emphasize the protective factors, which re-establish the links with our humanity and its quiet, open-minded thinking.”

Discussant for Maxine’s talk was Stan Case LCSW PhD, who responded with his offering, “Whose Humanity do we Protect? Love, Lore, and Law.”

Caron Harrang, LICSW FIPA is pleased to be working with Joseph Aguayo, PhD FIPA as Co-Director of the Fifth Annual Regional Bion Symposium (April 16-18, 2020) in Los Angeles, where Giuseppe Civitarese, MD FIPA will be this year’s plenary presenter. The Symposium was founded by Joe and Larry Brown, inspired by Jim Grotstein, who strongly supported a venue for American psychoanalysts interested in the work of Wilfred Bion to gather and learn through small and large group discussion. For additional information contact caron@caronharrang.com or joseph.aguayo@gmail.com

On January 21, 2020, Oscar Romero, MD FIPA will present his paper, “The ‘Cruelty’ of the Psychoanalytic Method and Antonin Artaud's Theater” at the Seattle Psychoanalytic Society and Institute.
Ed Rounds, Psy.D, FIPA, has been appointed as the Dean of PCC.

In July 2019, Joe Aguayo, PhD, FIPA and Barnet Malin, MD, FIPA were part of a Bion panel at the IPA Congress in London. The topic was “Did Bion Change His Mind?” This panel covered the three phases of Bion’s clinical thought in terms of his group work, the psychosis period and his clinical work after he completed his epistemological research in the 1960’s.

The first meeting of an IPA sponsored Art Experience Group led by Desy Safan-Gerard, PhD, FIPA took place at the IPA Congress in London in July. The group, heterogeneous in terms of art practice, shared experiences of their work. CIPS members interested in joining this group can contact Desy Safan-Gerard, PhD, FIPA. The group will meet again at the Vancouver Congress in 2021.

Desy Safan-Gerard, PhD, FIPA published two books in 2018; *Chaos and Control: A Psychoanalytic Perspective on Unfolding Creative Minds*, published by Routledge. She also published the companion to this book titled, *Layers Within*.


Annie Reiner, PhD, FIPA, will be giving a plenary presentation at the International Bion Conference. The conference takes place January 31 through February 2, 2020 in Barcelona, Spain. The theme of this year’s conference is “Intuition”. Annie Reiner, PhD, FIPA, will deliver her paper titled, “Mystic Intuition: The Language of Dreams.”

The PCC Open House will take place on March 22, 2020 at the PCC Conference Center. All prospective students for the adult and child psychoanalytic psychotherapy programs and prospective candidates are welcome.
Psychoanalytic Institute of Northern California (PINC)
Drew Tillotson Reporting

PINC ECEC programs: Fall 2019

August 2019

South Bay Reading Group
Climate Crisis, Psychoanalysis, and Radical Ethics: Donna Orange. 2016, with Julie Gerhardt, PhD, and Dennis Facchino, PhD, MFT. Reading and discussion of Donna Orange’s work: Linking the climate crisis to radical ethics by way of psychoanalysis. Donna Orange explored many relevant aspects of psychoanalytic expertise referring to work on trauma, mourning, shame and envy to understand our tendency to avoid the warnings in our time of crisis.

September 2019

PINC Symposium
Creativity and the Erotic Dimensions of the Analytic Field with Dianne Elise, Ph.D. and Rachael Peltz, Ph.D. Dr. Elise’s new book, Creativity and the Erotic Dimensions of the Analytic Field, centers on the mutually reinforcing relationship between erotic and creative energies. Erotic embodiment is given context within a contemporary model of clinical process based in analytic field theory and highlighting Winnicott. This program used clinical material to bring theory alive.

PINC Neuropsychoanalysis
Mentalising Homeostasis: From Body to Self with Margaret Zellner, PhD and Katerina Fotopoulou, PhD. In this presentation, Dr. Fotopoulou described the evolution of an embodied, emotional “core self.” She saw this self as formed in what she called the “second person” interaction between an infant and her caretaker. This interaction helps the infant mentalize her own experience and eventually, to balance her own experience with the perspective of others. Using psychoanalytic theory, attachment theory and her own neuropsychological research, Dr. Fotopoulou made the case that a poorly developed second person sense of self contributes to mental disorders like anorexia nervosa or narcissism.

South Bay Opening Event
Entanglements with Trauma Through Generations: Encountering Ourselves and the World(s) We Live In with Denni Liebowitz, LCSW and Era A. Loewenstein, PhD. Whether in the realm of the socio-political or the most intimate internal and interpersonal struggles we face, an implicit question in clinical work and thought is this - What might be the future of the past? This program was an exploration of the fate of external trauma in both realms and the disruptive impact of trauma on emotional development, the capacity to mourn, and intergenerational transmission.
2019-2020 South Bay Extended Study Series

*Human Psyche Under Attack: Intrusion or Incursions in the Human Mind* with Denni Liebowitz, LCSW, Era A. Loewenstein, Ph.D., Teresa Bailey, Ph.D., Orit Atzmon, Ph.D. and Katherine Olivetti, M.A., MSW. In our analytic field, we must listen to and be the receptor of the patient’s dissociated and unformulated experience. To do this, we must be equipped with knowledge of the many aspects of trauma including neurological, historical transmission, contemporary relational trauma, witnessing, or early infant and childhood experiences. This year-long program will study the place of trauma in psychoanalysis.

October 2019

**PINC Early Career Case Conference**
San Francisco, East Bay and South Bay locations, Oct 2019 - May 2020. Year-long case conference for clinicians early in their career in three bay area locations. A great opportunity for pre- and recently licensed clinicians to work with experienced PINC analysts.

**FOCUS ON**

*Boys in a bubble: Digital addiction, alienation, and dissociation in the treatment of adolescents* with Robert Tyminski, DMH. Three-session course on modern adolescent and young male development and treatment issues using a combination of case material and readings to explore how cyberspace becomes an alternate container for many boys and men in distress. Readings are from Male Alienation at the Crossroads of Identity, Culture and Cyberspace.

**VISITING SCHOLAR**

Kimberlyn Leary on *The Challenge of Change: A PINC Town Hall* with Kimberlyn Leary, PhD and Julie Leavitt, MD. An opportunity to focus on developing a comprehensive institutional program for becoming aware of, and actively confronting social exclusion at PINC, especially around issues of race and class. An instructional and experiential event with the PINC community to listen in different ways to create movement and sponsor change.

**PINC SECOND FRIDAY**

*Discovering Biological Family Following Genetic Testing*. Genetic Testing has become available to the general public in the last decade. People use it for different reasons, among which is finding biological siblings and parents. When the truth about one’s genetic make-up and history is discovered it can be transforming to the core of one’s identity.

**SBCPS – South Bay Reading Group**

Exploration of Harvey Peskin’s thoughtful questions concerning grief: Who Has permission to Grieve? or 'The Right to Mourn?’ Peskin’s insights are discussed by Frommer, Rosbrow and Shabad all of whom note that Peskin’s hierarchy of grief has implications for the ways in which we consider grief in our own lives and the lives of our patients.
November 2019

PINC SECOND FRIDAY
Perspectives and Reflections on the Human Psyche – World Religions Meet Psychoanalysis
A presentation by Rabbi Darren Kleinberg, PhD

PINC SYMPOSIUM
Racialized Bodies and the Violence of the Setting with Daniel Butler, MFT and Francisco Gonzalez, MD. A presentation using Winnicott, Bleger, and Fanonian black critical theory to query how the clinical setting might always already be racialized as part of a racialized nation. The event offers an exploration of violence, temporality, and the uncertain potential for upsetting structural oppressions that inform our experiences of clinic and nation alike.

SBCPS
South Bay Monthly Reading Group in Palo Alto

PINC VISITING SCHOLAR: Christine Anzieu-Premmereur
The Skin Ego Theory: Dyadic Sensuality, Trauma in Infancy and Adult Narcissistic Issues

NAPsaC
North American Psychoanalytic Confederation (NAPsaC)

Robin A. Deutsch, President

I’d like to bring you up to date on NAPsaC events. As you know, the mission of NAPsaC is to promote cooperation amongst all the North American IPA Societies (CIPS, Canadian Psychoanalytic, APsaA), Vermont and until there is an Asian IPA region, Japan, South Korea, and Taiwan. I’ve been NAPsaC President for slightly over a year. As I’ve gotten to know the organization more fully, I am hoping to build on the effective contributions of my two most recent predecessors, Maureen Murphy and Lee Jaffe. Both worked hard on the infrastructure of NAPsaC and establishing a solid organizational structure. As a result, it’s my goal to continue building the structure of NAPsaC and to further the work on programming that will benefit NAPsaC’s members. To this end, an anonymous donor has contributed the funds to support a calendar function on the NAPsaC Website. This calendar will include international events as well as events of our North American members.

Recent Programs

Since my previous newsletter we have held NAPsaC Clinical Workshops at the APsaA meetings in New York in February. At the London IPA Congress, NAPsaC offered both a child and adult Clinical Workshop. In these workshops, NAPsaC creates an opportunity to look at the functioning of our analytic minds in real time with clinical material not previously reviewed by the discussants or the group. The discussants contribute their thoughts about the process of the dyad, and the group is also invited to respond both to the clinical material and the discussants thoughts. These are lively and clinically relevant programs.
Upcoming Programs

As we all know, our psychoanalytic cultures differ not only across the world, but across town. NAPsaC’s collaboration with other psychoanalytic organizations offers all of us the opportunity to share with other analysts the unique perspective that each analyst and analytic organization has developed. With this in mind, the NAPsaC Program Committee has continued to arrange co-sponsored workshops with other psychoanalytic organizations. The next Clinical Workshop will be held in New York at the APsaA Annual meeting, February 15, 2020.

Task Force on Intra-regional Collaboration

NAPsaC’s Committee on Intra-regional Collaboration, chaired by Maureen Murphy, has been working on a wide range of organizational issues, including NAPsaC’s organizational structure. This is an important question since our organizations are of varying sizes, and how to give each equal voice and vote is an important issue for NAPsaC’s future.

International and IPA News

NAPsaC continues to work together with the IPA and the two other regional organizations, European Psychoanalytic Federation (EPF), and Federación Psicoanalítica de América Latina (FEPAL) and the Regional Association (APsaA) on topics of joint interest. I attended the President’s meeting in Madrid, Spain in April 2019 and London, England in July 2019. There was much focus on remote analysis in the President’s meeting in London. The Regional Organizations (NAPsaC, EPF, FEPAL) and the Regional Association (APsaA) were invited after the London Congress to join the new IPA Board as well as IPA officers to discuss facilitating engagement within international organizations. NAPsaC is a partner in Psychoanalysis Today, the eJournal, along with APsaA, EPF, FEPAL, and the IPA. APsaA and NAPsaC share the North American financial contribution to support Psychoanalysis.Today. In London, the Regional Organizations and Regional Association met with the editors of Psychoanalysis. One topic of conversation was increasing involvement of analysts in contributing content to Psychoanalysis Today.

Join Us

While NAPsaC is still a fledgling organization, it is getting more recognition alongside the other Regional Organizations. One of our goals is to establish a structure that is unique to North American needs.

Still, there is too much work to rely solely on the ExCom and the Board of Directors. If each of us takes on a small task, our organization will continue to grow. While there are many ways to get involved, NAPsaC currently has openings on the Program Committee. We also invite volunteers for Speaker’s Bureau to respond to events of social/cultural/political importance, i.e. immigration, climate, economics. In addition, we need to develop a Communications committee to work on the website and other social media outlets. If you are enthused about bringing your creativity and joining with other analysts in developing NAPsaC as a regional and international organization, please contact me at robindeutsch@earthlink.net.
With the winter issue of CIPS News Briefs, our Editor, Carol Mason-Straughan, is bidding us a fond farewell. After completing all the work on this issue, which she did so very well, Carol has had to step down to take care of family responsibilities. We will miss her in so many ways. She was warm, efficient, gracious in her language and manner, and a pleasure to work with.

Batya R. Monder
President, CIPS